

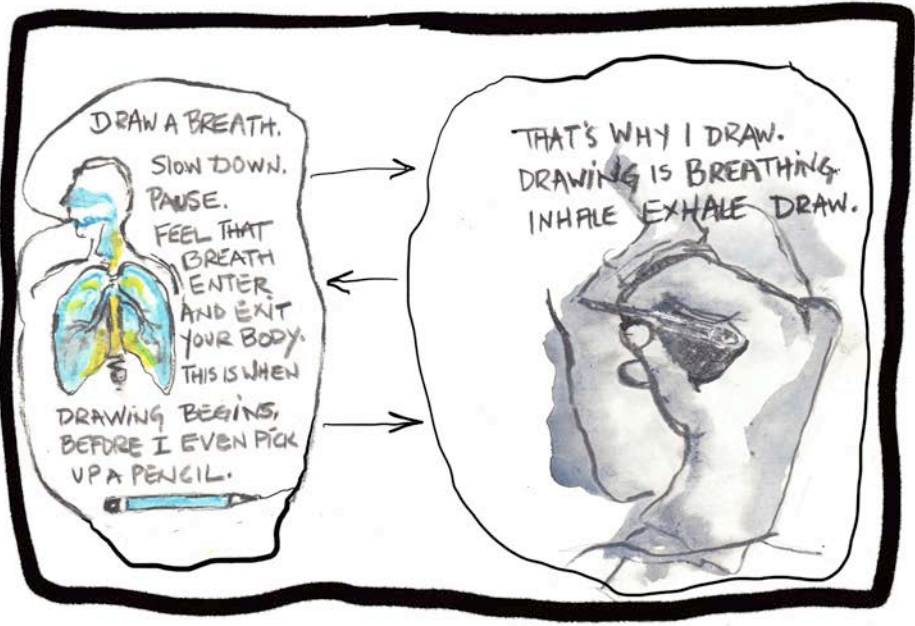
STUDIO ART | SPRING 2021

# That's Why I Draw

By William J. Doan



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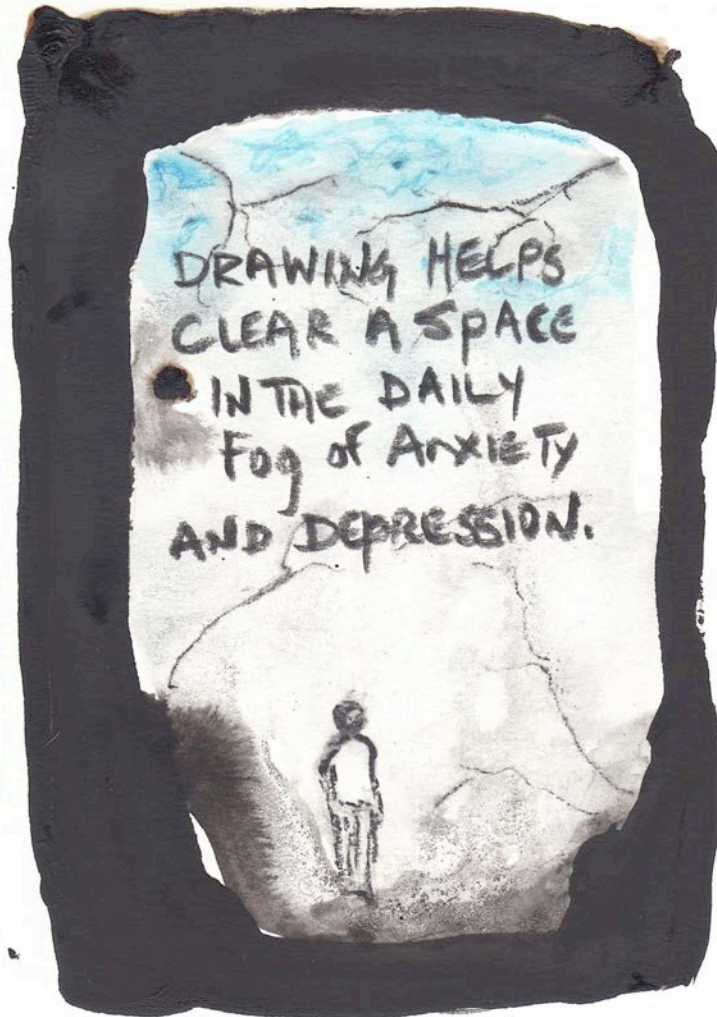


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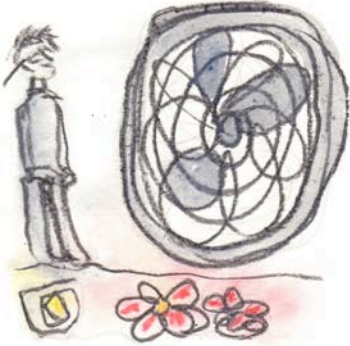






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THERE ARE DAYS WHEN  
THE BEST I CAN DO IS  
DOODLE OR SCRIBBLE.



OR MAKE THE SAME  
MARKS OVER AND OVER.  
ALL THE WHILE FOCUSING  
ON MY BREATH, IN  
AND OUT. FEELING  
MYSELF SETTLE CALMLY  
INTO THE HERE AND NOW.

AND  
THERE  
ARE DAYS  
WHEN A  
DRAWING  
TAKES  
SHAPE.



OFTEN WITH JUST A  
#2 PENCIL AND A  
LITTLE  
WATERED  
DOWN  
INK.



THE CONNECTION BETWEEN  
PEACE OF MIND AND RESILIENCE  
IS VITAL. DRAWING HELPS ME  
FIND PEACE OF MIND.



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**William J. Doan, Ph.D. is a past president of the Association for Theatre in Higher Education and a Fellow in the College of Fellows of The American Theatre. In addition to articles in scholarly journals, Doan has co-authored three books and several plays. He has created solo performance projects at a variety of venues across the U.S., and abroad. His current work includes a new performance piece, “Frozen In The Toilet Paper Aisle of Life,” part of a larger project titled The Anxiety Project. Work from this project includes multiple short graphic narratives published in the *Annals of Internal Medicine/Graphic Medicine*. He is a Professor of Theatre in the College of Arts and Architecture and Director of the Arts and Design Research Incubator at The Pennsylvania State University. Doan served as the Penn State Laureate for 2019-2020.**

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